



The Art Students League of New York

215 West 57th Street, New York, NY 10019 TEL: 212-247-4510 FAX: 212-541-7024
www.theartstudentsleague.org EMAIL: info@artstudentsleague.org

Christopher Gallego

Advanced Drawing, Painting, & Composition

Most of the following supplies may be purchased at the League's art supply store, located in the lobby.

Oils:

Old Holland Oils:

Titanium or Flake White #2

Yellow Ochre Light

Raw Sienna

Burnt Sienna

Alizarin Crimson

Cadmium Red Light

Viridian

Sap Green

Cobalt Blue

Ultramarine Blue

Ivory Black

Raw Umber

Blockx Oils:

Naples Yellow

Medium:

Gamsol + Stand Oil

Start with pure Gamsol for the first day, adding small amounts of stand oil in subsequent sessions. I'll explain how to use.

Brushes:

Robert Simmons Bristle Filberts:

2, 4, 8, 10 (at least two of each, the more the better)

Palette Knife, triangular shaped

Wood Palette, oil out with linseed oil (if new)

Misc.

Metal medium cups

Paper Towels

Small Plastic Bag (for trash)

Canvas or wood panels

Stretched linen canvas or wood panel if preferred

Size: your choice.

Toning (or Grounding) the painting surface:

Dampen surface with Gamsol

Mix equal parts of Ivory Black and Raw sienna

Spread small amount of paint mixture around the canvas

Wet a cotton cloth with Gamsol

Scrub the paint into the canvas surface with the dampened cloth.

Use bold strokes and let the color be uneven & transparent. Tone should be a warm, medium-light grey

Let dry for at least 48 hrs.